

BOOK  
**2**

Date: .....

# ROUND ABOUT

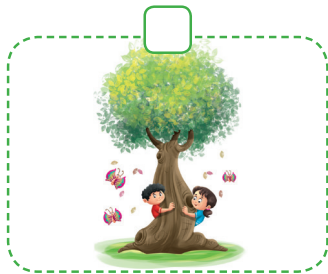
## Worksheet - IV

Name: ..... Class: ..... Roll No.: .....

**A. Which activities do you think make you happy whenever you feel sad or bad?  
Tick (✓) and tell.**



Play board games and sports.



Go on a mindful walk outside.



Write in a journal or diary.



Practice coping skills, like deep breathing.



Read picture books.



Practice colouring.



Talk about movies and happy family trips.



Do an act of kindness.



Help mom organize an area of the house.



Write a self-compliment list.

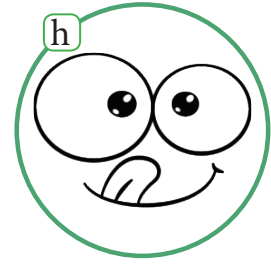
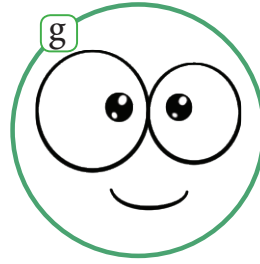
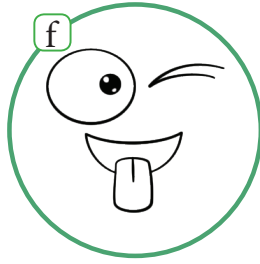
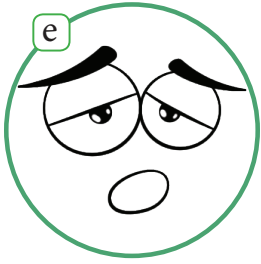
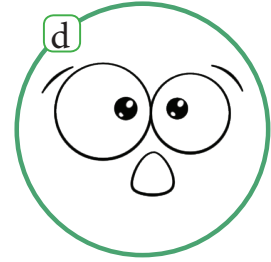
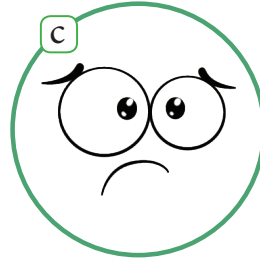
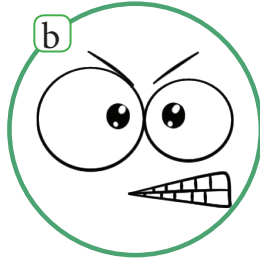
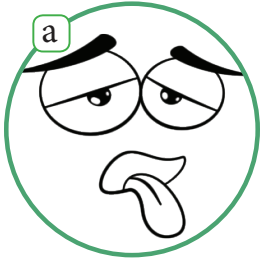


Talk to a friend to share feelings.

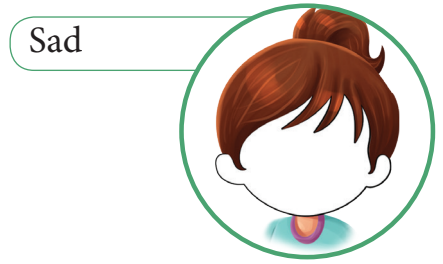


Play games like 'I Spy' and 'Simon Says'.

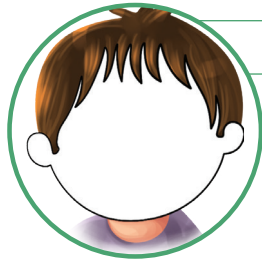
B. Copy the correct emotion in the faces to match the given feelings.



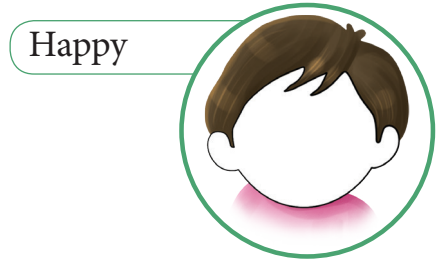
Surprised



Sad



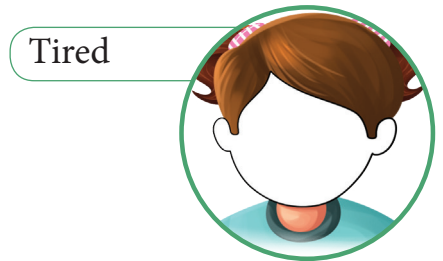
Angry



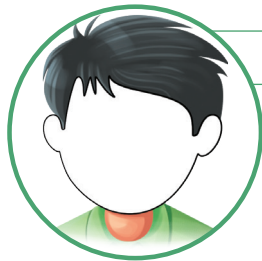
Happy



Naughty



Tired



Hungry



Thirsty

**C. Name the currency of the given countries.**

**Currency:** a. Riel, b. Yen, c. Forint, d. Dollar, e. Euro, f. Rupees, g. Thaibhat, h. Taka

1. FRANCE



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2. HUNGARY



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3. NEW ZEALAND



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4. JAPAN



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5. THAILAND



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6. INDIA



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7. COMBODIA



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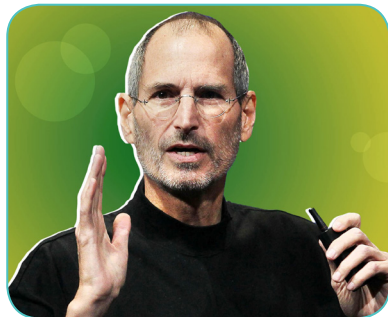
8. BANGLADESH



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**D. Write their names taking clue from the Pick-up point.**

**Pick-up point-** Mahatma Gandhi, Nelson Mandela, Walt Disney, Rosa Parks, Steve Job, Bill Gates



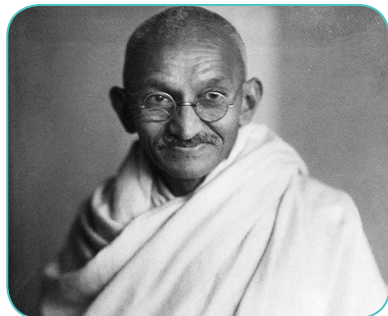
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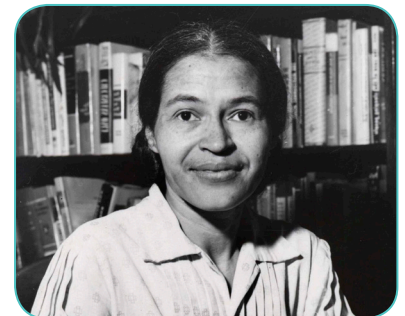
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