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Date:



ROUND ABOUT

Worksheet - IX

Name:		Class:	Roll No.:	•••••
A. Below are the name the example.	es of the famous car	toon characte	rs. What are they?	Follov
			500	
Garfield is a	Tweety is a	Oggy is a	Ninja is a	
Doremon is	a Yogi	is a	Donald is a duck	

- B. There are so many great TV shows to see. Write the name of any one show that tells you about.

 - 3. Earth

C. Fill in the blanks. Take help from Pick-up point.

We all love to visit amusement parks. Here are some of them. Pick-up point- Denmark, USA, Canada, Brazil, Delhi



Bakken is the oldest amusement park. It is in

Disney Land,

....., is one of the most famous amusement parks.





biggest theme park is Wonderland.



Adventure Island ofamazes kids.

Hopic Hari of is a great attraction.



D. Yoga means union of mind with body. Using the descriptions and pictures, name the yoga asanas. Take help from Pick-up point.

Pick-up point- Lotus Pose, Tree Pose, Warrior Pose, Cobra Pose



1. This pose stretches and strengthens ligaments and tendons in your feet.

.....

2. This pose strengthens your shoulders, arms, legs, ankles and back.

.....





3. This yoga lessens your stress, lowers blood pressure, and makes lungs stronger......

•••••

4. This yoga pose stretches chest, lungs, shoulders and abdomen.

